

Mission

Gynecologic cancers claim the lives of thousands of women each year but many are not aware of the signs and symptoms of these cancers. Let Every Woman Know –Alaska is dedicated to raising awareness, sharing information and saving lives through local education of all Alaskans and support for those living with gynecologic cancers.

Purpose

Let Every Woman Know was formed to promote awareness and education about gynecologic cancers in Alaska. Proceeds from Let Every Woman Know-Alaska events will be used to fund programs and projects specifically for Alaskan women.

Organization

Let Every Woman Know is a non-profit run by volunteers, two full time staff and a small board of directors, many of whom have been touched by gynecologic cancers. Survivors, family members and friends; physicians and medical professionals; cancer support professionals and compassionate community members are all part of the LEWK team.

www.leteverywomanknow.org

Retreat Setting

Yukon Island, Alaska



The Dream House Yukon Island Retreat Center

Yukon Island is a haven in wondrous Kachemak Bay, south of Anchorage, Alaska, on the tip of the Kenai Peninsula. It is the largest island in Kachemak Bay, seven miles across the water from small town Homer. The island, a significant archaeological site, has dense woods, heavy vegetation, tidal zones, abundant sea life and wildlife such as salmon, otters, and bald eagles.

The Dream House was built in 1994 and is over 3000 square feet, and includes a meeting room, library, kitchen, bedrooms, dormitory, and sunny dining room. Enjoy bathing in a wood-fired sauna (no plumbing) and using rustic, modern outhouses. Heat is from central wood stoves, cooking and auxiliary heating from propane. The alternative energy system provides modest power and lighting

LEWK Retreat for Patients & Survivors of GYN Cancers



August 15-17, 2025

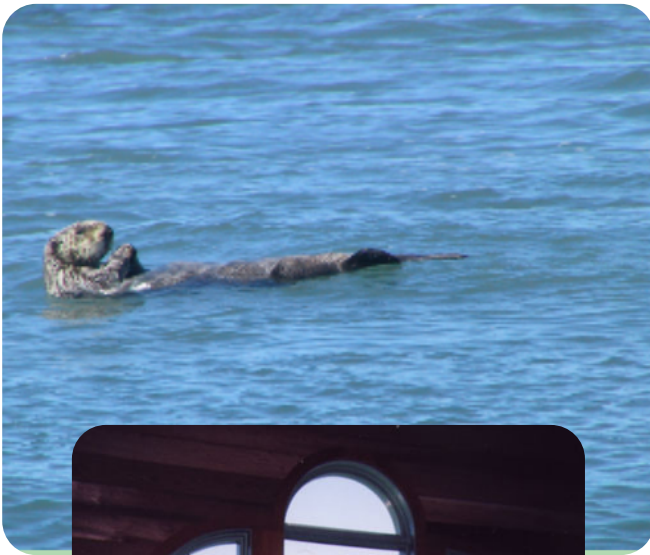
The Dream House
Yukon Island Retreat Center
Kachemak Bay, Alaska



LEWK **Survivor Retreats** are designed for those who have survived a GYN cancer diagnosis or treatment and are interested in spending time with other GYN cancer survivors in a relaxed setting. There will be time to rest, reset, enjoy quiet time, and share experiences with each other.

Meals, lodging, cultural craft materials, and massage, will be included. Please let us know if you have dietary restrictions.

Retreat leaders have experience in group facilitation and peer support and do not provide medical or psychological intervention. The retreat is not intended to take the place of care provided by medical and mental health providers.



Retreat Schedule (Tentative)

Friday, Aug 15

3:00 Departure from Homer dock
4:00 Check in and light appetizers
6:00 Dinner
7:00 Introductions/Gathering
9:00 Free time/visiting

Saturday, Aug 16

7:30 Coffee/tea
8:30 Breakfast
9:00 Free time/massage/beach walk
Massages scheduled throughout the day
9:30 Optional kayaking from retreat beach
12:30 Lunch
1:30 Group Gathering
2:30 Free time/massage/art activity
5:30 Appetizers
6:30 Dinner
7:00 Wood Fired Sauna/Free time/visiting

Sunday, Aug 17

7:30 Coffee/tea
8:30 Breakfast
9:00 Massage/art activity/beach walk
11:00 Closing gathering
12:30 Lunch
2:00 Boat departure to Homer

Retreat Application Form

Please return application with deposit ASAP

Name: _____

Address: _____

Phone: _____

Email: _____

The retreat is being offered free of charge to GYN cancer survivors on a first come, first serve basis through Let Every Woman Know funding with priority given to first time participants.

\$150 deposit is required with this application to hold your place. Checks will be held and returned to participants at the retreat. However, should medical circumstances require you to change your plans, a full refund will be given if cancelation received by August 10th.

Please Make Check to:
Let Every Woman Know Alaska
(memo: Yukon Island LEWK Retreat)

Mail Application and Check to:
Let Every Woman Know Alaska
3851 Piper Street, Suite U264
Anchorage, AK 99508

The group size is limited to 10 women and a waiting list will be created when filled. After August 1st, contact Tessa for availability at the email leteverywomanknow@gmail.com

You will be notified of your reservation "status" when application is received. You will also have an opportunity to identify any special dietary needs or special requests as the time draws near.
Travel scholarships available - email for details.